



# Western CT Flash Winter Indoor Track & Field 2020-21



## INFO & REGISTRATION FORM

### Program Info

**When:** Jan 19 to early March; Practice Tu 630-8; Sun 230-4

**Where:** Bethel Indoor T&F facility, Bethel HS

**What:** Sprinting, Distance, Hurdles, Jumping, throwing (SP); aged-based competition, experienced, patient instruction

**Cost:** TBD, likely \$200

### Meets:

- Meets are optional
- will be limited due to COVID-19
- We will likely host 1 or 2 meets in Bethel vs 1 local team, addt'l meets TBD; away meets may require registration fee

### About Western CT Flash

**non-profit 501(c)(3), volunteer run**  
70+ years youth track coaching experience on staff  
Summer Junior Olympics T&F, Winter Indoor T&F

### Instructions:

Please print and fill out this form to reserve a spot in the program. No payment required at this time.  
print, take a pic, & email to [info@nf-flash.org](mailto:info@nf-flash.org)  
or mail to PO Box 8446, New Fairfield CT 06812

-----  
2020-21 WC Flash Indoor

\_\_\_\_\_  
Athlete Name \_\_\_\_\_  
Shirt Size

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone \_\_\_\_\_  
Birth Date \_\_\_\_\_  
Gender \_\_\_\_\_  
Grade (in spring)

\_\_\_\_\_  
E-Mail(s)

\_\_\_\_\_  
Parent/Guardian Name

\_\_\_\_\_  
Emergency Contact and Phone

\_\_\_\_\_  
Special Needs, Allergies, Medical/Physical conditions

I \_\_\_\_\_, parent/guardian of \_\_\_\_\_,  
do hereby indemnify all organizers, coaches and athletes associated with the Western Connecticut  
"Flash" Track Club and any competing teams and partners. I understand this is an independent club  
and not a town or school-sponsored activity and, regardless of practice/event site, no municipality  
sanctions this organization.  
I confirm that my child is physically sound and medically cleared to participate in Track events and is  
playing by his/her own choice and with my expressed permission.  
I further understand that anyone involved with this club is doing so on a voluntary basis, including  
coaches, advisors and car pool drivers.

\_\_\_\_\_  
Parent/Guardian Signature (required)

\_\_\_\_\_  
Print name here

questions? Please email: [info@nf-flash.org](mailto:info@nf-flash.org)



# Western CT Flash Winter Indoor Track & Field 2020-21



## Waiver of Liability

### Parent Permission and Waiver of Liability for Student Participation in Western Connecticut Flash Indoor Track Program

By signing below, I give permission for my child, \_\_\_\_\_ to participate in the Western CT Flash Indoor Track program

\_\_\_\_\_  
**Initials** I acknowledge that federal and state government officials have declared that there currently exists a public health crisis in our country related to the coronavirus disease (COVID-19).

\_\_\_\_\_  
**Initials** I confirm that I will not permit my child to participate in this program if, at any time during the program my child is showing symptoms of COVID-19, including but not limited to fever, dry cough, fatigue, shortness of breath, chills, and muscle pains. Additionally I confirm that I will not permit my child to participate in the program if, at any time during the program, my child has been in contact with any individual diagnosed with COVID-19, or any individual currently waiting for test results confirming the diagnosis of a suspected case of COVID-19. I agree that in such situations my child will be unable to participate in the program until: (i) 14 days after the symptoms first appeared any my child is no longer showing any symptoms; or (ii) a healthcare provider has confirmed in writing that my child has tested negative for COVID-19 or that my child’s symptoms were not due to COVID-19

\_\_\_\_\_  
**Initials** I understand that the Flash program cannot prevent the possible transmission or contraction of COVID-19 for my child

\_\_\_\_\_  
**Initials** I understand that the Flash Program will require athletes, coaches, and parents to adhere to certain safety precautions, such as wearing masks and social distancing, aimed at reducing the spread of COVID-19, and that continued adherence to all of these precautions is a condition of participation in the Flash Program

The undersigned agrees to release, discharge, hold harmless and indemnify the Flash Program and others acting on the program’s behalf, of and from any and all claims, demands, causes of action and/or legal liabilities for injuries to or death of my child occurring during, or resulting from, or participation in the above mentioned program and related in any way to COVID-19, even if the cause, damages, or injuries are alleged to be the fault of, or alleged to be caused by the negligence or carelessness of the Releasees

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent or legal guardian)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Student / Participant)