



Western CT Flash Winter Indoor Track & Field 2019-20



INFO & REGISTRATION FORM

Program Info

When: December-early March; Practice W/F 630-8; Sun 230-4

Where: New Bethel Indoor T&F facility; meets in CT, NYC, MA

What: Sprinting, Distance, Hurdles, Jumping (LJ, HJ), throwing (SP); aged-based competition, experienced, patient instruction

Cost: \$250 (includes t-shirt, USATF membership)

About Western CT Flash

non-profit 501(c)(3), volunteer run

70+ years youth track coaching experience on staff
Summer Junior Olympics T&F, Winter Indoor T&F

Meets (meets are optional; each has a registration fee):

- Youth development meets in West Haven CT
- Youth meets in NYC (Armory & Ocean Breeze)
- USA Track & Field Hershey Indoor National Championship

Instructions:

Print this form, fill it out and bring it to practice with a check ("New Fairfield Track Club"). or mail both to PO Box 8446, New Fairfield CT 06812

2019-20 WC Flash Indoor

Athlete Name

Shirt Size

Address

Phone

Birth Date

Gender

Grade (in spring)

E-Mail(s)

Parent/Guardian Name

Emergency Contact and Phone

Special Needs, Allergies, Medical/Physical conditions

I _____, parent/guardian of _____,

do hereby indemnify all organizers, coaches and athletes associated with the Western Connecticut "Flash" Track Club and any competing teams and partners. I understand this is an independent club and not a town or school-sponsored activity and, regardless of practice/event site, no municipality sanctions this organization.

I confirm that my child is physically sound and medically cleared to participate in Track events and is playing by his/her own choice and with my expressed permission.

I further understand that anyone involved with this club is doing so on a voluntary basis, including coaches, advisors and car pool drivers.

Parent/Guardian Signature (required)

Print name here

questions? Please email: info@nf-flash.org